

## Stage 2 : MO I RANA - SANDNESSJØEN

Vendredi 12 août 2016

Distance : 198,5 km

## ITINERAIRE HORAIRE




Start meeting point : on Fridtjof Nansens Gate

Signing-in : 11:55 - 12:55

Roll-call : 13:00

Neutralised start : 13:05 via Fridtjof Nansens Gate, Ivar Heltzens Gate, Ole Tobias Olsens gate, Sørlandsveien, E6

Race start : 13:10 on E6, at 3.3km from the meeting point

Kilomètres		ITINERAIRE			Horaire		
A parcourir	Total				Moyenne course		
					45 km/h	43 km/h	41 km/h
<b>NORVEGE</b>							
			MO I RANA	Départ fictif	13:05	13:05	13:05
198,5	0,0	E6	MO I RANA	Départ réel	13:10	13:10	13:10
180,0	18,5		NESSET tunnelen (600m)		13:34	13:35	13:37
179,0	19,5		NORDRAK tunnelen (100m)		13:35	13:37	13:38
179,0	19,5		Crossroad E6 - Hagavegen		13:35	13:37	13:38
179,0	19,5	Hagavegen	FINNEIDFJORD		13:35	13:37	13:38
178,0	20,5		Crossroad Hagavegen - E6		13:36	13:38	13:40
175,0	23,5	E6	BREIVIKHAMMER tunnelen (200m)		13:40	13:42	13:44
174,0	24,5		PYTJEHÅGEN tunnelen (100m)		13:42	13:43	13:45
165,0	33,5		KORGEN		13:53	13:56	13:58
163,5	35,0		Crossroad E6 - R806		13:55	13:58	14:00
154,0	44,5	R806	KORGFJELLETT SUMMIT		14:20	14:23	14:26
148,5	50,0		Crossroad R806 - E6		14:26	14:28	14:31
148,0	50,5	E6	RABBEN tunnelen (60m)		14:26	14:29	14:32
114,5	84,0		Crossroad E6 - R250		15:06	15:10	15:15
107,5	91,0	R250	Crossroad R250 - R249		15:15	15:20	15:25
104,5	94,0	R249	Crossroad R249 - E6		15:19	15:24	15:29
103,5	95,0	E6	Crossroad E6 - Mathias Bruns gate		15:20	15:25	15:31
103,0	95,5	Mathias	Crossroad Mathias Bruns gate - Elvegata		15:21	15:26	15:31
103,0	95,5	Elvegata	Crossroad Elvegata - Qvales gate		15:21	15:26	15:31
102,5	96,0	Qvales gate	MOSJØEN		15:21	15:26	15:32
102,0	96,5		Crossroad Qvales gate - Tordenskjoldsgate		15:22	15:27	15:33
102,0	96,5	Tordenskjold	Crossroad Tordenskjoldsgate - B. Bjørnsonsveg		15:22	15:27	15:33
101,5	97,0	B.	FEEDING ZONE		15:23	15:28	15:33
100,0	98,5		Crossroad Fv146 - E6		15:25	15:30	15:36
99,0	99,5	E6	Crossroad E6 - R78		15:26	15:31	15:37
96,0	102,5	R78	HJARTÅSEN tunnelen (1.100m)		15:30	15:35	15:41
92,5	106,0		SØFTING		15:34	15:40	15:46
91,0	107,5		LINDSET tunnelen (200m)		15:36	15:42	15:49
89,5	109,0		HOLAND tunnelen (100m)		15:38	15:44	15:51
78,0	120,5		Tunnel entrance without light (400m)		15:53	16:00	16:07
75,0	123,5		GRØFTVIKA tunnelen (200m)		15:57	16:04	16:12
73,0	125,5		SØTTAR - tunnelen (800m)		15:59	16:07	16:14
67,5	131,0		FINNVIKA tunnelen (150m)		16:07	16:14	16:22
64,5	134,0		DAGSVIK		16:10	16:18	16:27
62,5	136,0		KVITING		16:13	16:21	16:30
55,0	143,5		LEIROSEN		16:23	16:31	16:40

54,0	144,5		Crossroad R78 - R17		16:24	16:32	16:42
50,5	148,0	R17	LELAND	S	16:28	16:37	16:47
33,5	165,0		SANDNESSJØEN		16:50	17:00	17:11
32,0	166,5		CIRCUIT ENTRANCE - Crossroad R17 - R809		16:52	17:02	17:14
31,5	167,0	R809	Crossroad R809 - Sjøbergs gate		16:53	17:03	17:14
31,0	167,5	Sjøbergs gate	Crossroad Sjøbergs gate - Syv Søstres gate		16:54	17:04	17:15
31,0	167,5	Syv Søstres	Crossroad Syv Søstres gate - Alstenveien		16:54	17:04	17:15
30,5	168,0	Alstenveien	Crossroad Alstenveien - Håreks gate		16:54	17:04	17:16
30,0	168,5	Håreks gate	Crossroad Håreks gate - Torlv Kveldulsons gate		16:55	17:05	17:16
29,0	169,5	Torlv	Crossroad Torlv Kveldulsons gate - Novikeveien		16:56	17:07	17:18
28,0	170,5	Novikveien	SANDNESSJØEN (1st crossing Finish line)	S	16:57	17:08	17:19
25,0	173,5		Crossroad Novikveien - R143		17:01	17:12	17:24
24,5	174,0	R143	KLEIVSKARET SUMMIT	2	17:03	17:13	17:25
24,0	174,5		Crossroad R143 - R17		17:03	17:14	17:25
14,0	184,5	Novikveien	SANDNESSJØEN (2nd crossing Finish line)		17:16	17:27	17:40
10,5	188,0	R143	KLEIVSKARET SUMMIT	2	17:21	17:33	17:46
0,0	198,5	Novikveien	SANDNESSJØEN	Arrivée	17:35	17:47	18:00

**Finish line** : on Novikveien, at the end of a 600m final straight road after 2 laps of a 13.8km final circuit

**Width** : 6.5m

**Doping test** : Mobil-home near the finish line

**Race HQ / Media room** : Ura Barneskole, Novikveien

**Distance from the finish line** : 600m