

Stage 3 : NESNA - KORGFJELLET

Samedi 13 août 2016

Distance : 160 km

ITINERAIRE HORAIRE









Start meeting point : on Havneggen

Signing-in : 11:45 - 12:45

Roll-call : 12:50

Neutralised start : 12:55 via Havneggen, Movegen, R17

Race start : 13:00 on R17, at 3,4km from the meeting point

Kilomètres		ITINERAIRE			Horaire		
A parcourir	Total				Moyenne course		
					44 km/h	42 km/h	40 km/h
NORVEGE							
		R17	NESNA	Départ fictif	12:55	12:55	12:55
160,0	0,0		NESNA	Départ réel	13:00	13:00	13:00
146,5	13,5		SJONFJELLET SUMMIT		13:23	13:24	13:25
139,0	21,0		Tunnel (400m)		13:30	13:31	13:32
136,5	23,5		MYKLEBOSTAD		13:33	13:34	13:35
132,5	27,5		Crossroad R17 - 12		13:38	13:39	13:41
132,5	27,5	12	UTSKARPEN		13:38	13:39	13:41
116,5	43,5		BUSTNES SUMMIT		14:02	14:05	14:08
104,0	56,0		BÅSMOEN		14:17	14:20	14:24
101,5	58,5		YTTEREN		14:20	14:24	14:28
93,0	67,0		MO I RANA (12 - E12)		14:30	14:35	14:40
88,0	72,0	E12	MO I RANA (EXIT)		14:36	14:42	14:47
83,5	76,5		Crossroad E12 - Granheiveien		14:42	14:48	14:54
75,5	84,5	Granheiveien	Crossroad Granheiveien - 356		14:52	14:58	15:05
72,0	88,0	356	LANGFJELL SUMMIT		15:01	15:07	15:14
59,0	101,0		Crossroad 356 - E12		15:14	15:20	15:27
58,5	101,5	E12	Crossroad E12 - Bjynnlia		15:14	15:21	15:28
57,5	102,5	Bjynnlia	Crossroad Bjynnlia - Brennåsveien		15:15	15:22	15:29
54,0	106,0	Brennåsveien	Crossroad Brennåsveien - Lyckseleveien		15:19	15:25	15:32
53,5	106,5	Lyckseleveien	Crossroad Lyckseleveien - Engliveien		15:19	15:26	15:33
52,5	107,5	Engliveien	Crossroad Engliveien - Storgata		15:20	15:27	15:34
50,5	109,5	Storgata	MO I RANA (Storgata - E6)		15:22	15:29	15:36
26,0	134,0	E6	NESSET tunnelen (600m)		15:53	16:01	16:11
25,0	135,0		NORDRAK tunnelen (100m)		15:54	16:03	16:12
24,5	135,5		Crossroad E6 - Hagavegen		15:54	16:03	16:13
24,5	135,5	Hagavegen	FINNEIDFJORD		15:54	16:03	16:13
23,5	136,5		Crossroad Hagavegen - E6		15:56	16:05	16:15
21,0	139,0	E6	BREIVIKHAMMER tunnelen (200m)		15:59	16:08	16:18
19,5	140,5		PYTJEHÅGEN tunnelen (100m)		16:01	16:10	16:20
19,0	141,0		BJERKA		16:01	16:11	16:21
11,0	149,0		KORGEN		16:11	16:21	16:33
9,0	151,0		Crossroad E6 - R806		16:14	16:24	16:35
0,0	160,0	R806	KORGFJELLET SUMMIT	Arrivée 	16:38	16:49	17:00

Finish line : On Europavegen, at the end of a 100m final straight road and after a climb of 8,9 km at 6,4%

Width : 5m

Doping test : mobil-home near the finish line

Race HQ / Media room : Korgfjellet Kro & Motell

Distance from the finish line : 50m